



Monthly Newsletter, December 2020

Welcome to Our First Newsletter



Sign Up for Winter Clinics

After successful fall clinics we have decided to offer winter clinics in Dec, Jan, and Feb.
[Click here for more details and to register.](#)

Spirit Wear Coming Soon

We are finalizing details and will send out a club wide message shortly.

THIS MONTH'S
Letters From Directors



From the Girls' Director

Hello Lamo Families!

Happy Holidays! First off, thank you for your continued support of Lamorinda Lacrosse and our goal to provide a lacrosse outlet during these uncertain times. We appreciate you all being so flexible and understanding as we work to get as many people back out onto the field as possible. It is as enjoyable for us coaches, as it is for the kids.

Secondly, for those of you who do not know me, I wanted to do a quick introduction. My name is Molly Kuptz and I am the Women's Director for Lamorinda. This is my first year as the Women's Director, but I have been coaching for Lamorinda for 6 years. I am a Bay Area native, and grew up playing lacrosse in Danville, CA. I played high school lacrosse at Carondelet High School, as well as for Tenacity, and continued my career at Saint Mary's College of California, playing Division I lacrosse. Coaching has been a true passion for me and it is an honor and a blessing to be able to coach your children. So thank you for allowing me the opportunity!

Lastly, we have a lot of exciting things coming up, including clinics throughout December, January, and February. While our lacrosse season will look a little differently this Spring, we will do our best to provide each and everyone of you the opportunity to play together again. More details about the Spring season will be sent out over the next few weeks.

Thank you again for all of your support! Feel free to reach out with any questions or comments. I look forward to seeing the girls out on the field soon!

Molly Kuptz , Mollykuptz@hotmail.com

From the Boys' Director

Hello Laxers,

I am thrilled to return to Lamorinda Lacrosse Club as the Boys Director in 2020-21. I have been coaching lacrosse in the bay area for the last 13 years at Acalanes, Saint Mary's College, De La Salle, and currently I am the Head Boys Coach at Campolindo (4yrs).

Thank you to everyone who participated in our Fall Clinics. We appreciate your trust during this unique time. As long as we are permitted, we will do our very best to offer a safe lacrosse outlet for the community.

I encourage all of you players, boys and girls, to use this time to improve your individual skills and athleticism. Catching and throwing with both hands is so important. Keep hitting the wall, riding your bike, and going on hikes. That way, when we can return to competition we will be ready for the challenge.


I look forward to seeing you at a winter clinic.

Colin Knightly, colin.knightly@gmail.com

Alumni Update

Congratulations to Emerson Bohlig (Northwestern), Cam Reath (St. John's) and Grace Gebhardt (UC Davis) for signing their NLI's to play D1 Lacrosse.



Follow Us On Instagram  @Lamorindalax

